

#1959 LOS ANGELES, CA

May 15-16, 2010

1.2 ASHA CEUs

## Dysphagia Practice: Treatment Protocols Supported By Clinical Research

### SPEAKERS

Cathy Lazarus,  
PhD, CCC-SLP, BRS-S

Donna Lundy,  
PhD, CCC-SLP, BRS-S

Ianessa Humbert,  
PhD, CCC-SLP

### SEMINAR DESCRIPTION

Treatment for swallowing disorders varies depending on the etiology and the nature of the patient's dysphagia. This clinically focused seminar will present treatments including exercise programs such as tongue strengthening, sensory interventions, motor interventions, electrical stimulation, and swallow maneuvers. Participants will be instructed when to use a specific treatment for a specific patient. Also presented will be the use of electrical stimulation, including appropriate use of this treatment, inappropriate use of this treatment, and patient selection criteria. Methods for evaluating the patient's success with various techniques will be examined and discussed. The purpose of this seminar is to provide information that participants can use to determine best practice, and information to help participants achieve functional outcomes in less time.

### SEMINAR LOCATION

#### Good Samaritan Hospital Conference Center

637 South Lucas Ave  
Los Angeles, CA 90017  
Phone: 213-977-2121

**Accommodations:**  
**Wilshire Grand Hotel**  
930 Wilshire Blvd.  
Los Angeles, CA 90017  
Phone: 213-688-7777

Request the NSS room rate of \$135.

This course is  
offered for  
**1.2 ASHA CEUs**  
(Intermediate level,  
Professional area).

#### Intended Audience:

Speech-Language Pathologists in  
clinical practice who evaluate and treat  
clients with dysphagia.

**PRICE: \$335.00**

**2 or more \$315.00**

**5 or more \$295.00**

**REGISTER EARLY -  
SPACE IS LIMITED**

Late Fee: Add **\$20** if registering  
less than two weeks prior  
to seminar.



Northern Speech Services is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

NSS is approved as a provider of continuing education by the **California Speech-Language Pathology and Audiology Board**. Provider #PDP4.

# SEMINAR OUTLINE

## DAY ONE

7:30-7:55	Sign In (Coffee and Tea)
7:55-8:00	General Seminar Information
8:00-9:30	Electrical Stimulation: Types and Methodology
9:30-9:40	<b>Break</b>
9:40-11:10	Electrical Stimulation: When It Works - When It Doesn't - Patient Selection Criteria
11:10-11:15	<b>Stretch Break</b>
11:15-12:00	Sensory Therapy: What the Literature Says About Best Practice
12:00-1:00	<b>Lunch On Own</b>
1:00-1:45	Sensory Therapy <i>Continued</i>
1:45-2:30	Motor Therapy: What the Literature Says About Best Practice
2:30-2:45	<b>Break</b>
2:45-3:30	Motor Therapy <i>Continued</i>
3:30-4:30	Sensory and Motor Therapy Demonstration
4:30	<b>Adjourn and Sign Out</b>

## DAY TWO

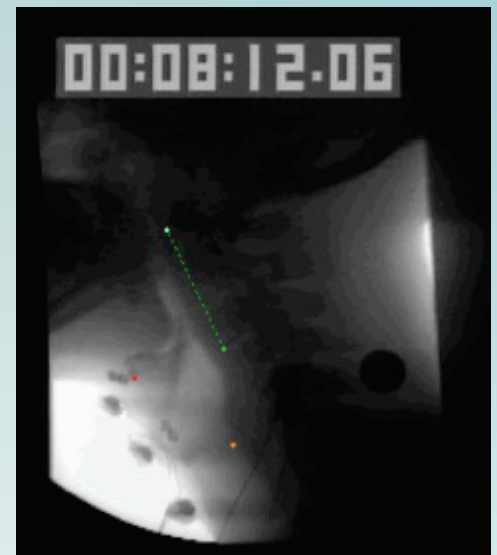
7:30-7:55	Sign In (Coffee and Tea)
7:55-8:00	General Seminar Information
8:00-10:00	Tongue Strength Therapy: For Whom, When, and How Often? Includes Demonstration
10:00-10:10	<b>Break</b>
10:10-11:40	Integrating Therapy into Diagnostics, Including When and How To Use Postures, Maneuvers, and Positioning
11:40-11:45	<b>Stretch Break</b>
11:45-1:15	Case Studies with Video Examples and Final Questions
1:15	<b>Adjourn and Sign Out</b>

*"I liked hearing research that supports treatment approaches. Also practical treatment ideas that I can use on Monday."*

## SEMINAR OBJECTIVES

### Participants will:

1. State a treatment appropriate for a patient with head and neck cancer.
2. Discuss a sensory intervention appropriate for a delayed pharyngeal swallow.
3. Discuss a swallowing maneuver that can be used to improve airway closure.
4. Explain when using the Shaker Exercise is appropriate.
5. List behaviors that indicate electrical stimulation could be harming a patient.
6. Explain how using electrical stimulation can improve swallow function.



*You will learn what swallowing muscles contract following e-stim and what swallowing structures are affected by this muscle activity.*

**Register**

at [www.northernspeech.com](http://www.northernspeech.com) | Phone: 888-337-3866 | Fax: 888-696-9655 | Mail: Use Registration Form on Page 41.

# SEMINAR SCHEDULE

Addressing the Needs of Patients with Dementia: Comprehensive Assessment and Treatment Planning for Communication, Cognition and Swallowing

- #1952 SAN DIEGO, CALIFORNIA

Aspiration Pneumonia and the Role of the Speech-Language Pathologist: Using Evidence To Determine Risks Associated With Oral Feeding

- #1940 QUEENS, NEW YORK
- #1941 SAN FRANCISCO, CALIFORNIA
- #1967 PITTSBURGH, PENNSYLVANIA

Dysphagia Practice: Treatment Protocols Supported By Clinical Research

- #1959 LOS ANGELES, CALIFORNIA

Electrical Stimulation For Dysphagia: Benefits, Limitations and Risks

- #1957 ORLANDO, FLORIDA
- #1958 CHARLOTTE, NORTH CAROLINA

Prevention of Aspiration Pneumonia: Oral Care and Free Water

- #1939 CHICAGO, ILLINOIS

Moving Toward Standardizing Dysphagia Practice: Introducing The Modified Barium Swallow Impairment Profile (MBSImP)

- #1953 CHARLESTON, SOUTH CAROLINA
- #1954 CHICAGO, ILLINOIS
- #1955 QUEENS, NEW YORK

Managing Cognitive Disorders After Traumatic Brain Injury: Evidence-Based Assessment and Intervention

- #1960 SPRINGFIELD, MASSACHUSETTS

Evaluation and Treatment of Adults with Head and Neck Cancer: Addressing the Needs of Patients with Communication and Swallowing Difficulties

- #1966 BOSTON, MASSACHUSETTS
- #1965 HOUSTON, TEXAS

Comprehensive Dysphagia Interventions: The Esophagus, Acid Reflux Disease, Oral Hygiene and Free Water

- #1938 WEST ORANGE, NEW JERSEY

Interdisciplinary Management of Tracheostomy And Ventilator Dependent Patients

- #1950 PHILADELPHIA, PENNSYLVANIA
- #1951 COLUMBUS, OHIO

Dysphagia In The Elderly: Current Research And Best Practice

- #1936 TORONTO, ONTARIO

Dysphagia Practice: A Comprehensive Examination Of All Three Stages Of The Swallow

- #1971 SACRAMENTO, CALIFORNIA
- #1963 AUSTIN, TEXAS
- #1964 ARLINGTON, VIRGINIA

The Vulnerable Elderly Patient With Dysphagia: Assessment and Management

- #1956 SEATTLE, WASHINGTON

Infants and Children with Complex Dysphagia: Videofluoroscopy Focus with Airway and Neurologic Etiologies

- #1970 CHICAGO, ILLINOIS

## SEMINAR REGISTRATION FORM

Register online at [www.northernspeech.com](http://www.northernspeech.com). Click on *CE Seminars*.

SPACE IS LIMITED AND REGISTRATION MUST BE CONFIRMED ON A PREPAID BASIS BY CREDIT CARD OR CHECK.

(Make check payable to **NSS**. Purchase orders NOT accepted.)

### Please Print

Seminar # \_\_\_\_\_

Seminar Title \_\_\_\_\_

Name of Registrant \_\_\_\_\_

ASHA Account Number \_\_\_\_\_

State License Number \_\_\_\_\_

Discipline required for CEU processing  SLP  Other \_\_\_\_\_

Facility Name & Address \_\_\_\_\_

Home Address \_\_\_\_\_

Please indicate numbers where you can be reached if necessary

Phone: Work (\_\_\_\_\_) \_\_\_\_\_

Home (\_\_\_\_\_) \_\_\_\_\_

Fax (\_\_\_\_\_) \_\_\_\_\_

Email Address \_\_\_\_\_

Tuition Amount \_\_\_\_\_

Credit Card # \_\_\_\_\_

(Visa, MC, Amerx, Discover)

Expiration Date \_\_\_\_\_ CV #\* \_\_\_\_\_

\*CV# is the last 3 digits on the signature panel of Visa/MC/Discover • 4 digit # above card # on front of Amx

Card Holder's Name \_\_\_\_\_

Card Holder's Signature \_\_\_\_\_

Card Holder's Address \_\_\_\_\_

Mail Registration To: **NSS, P.O. Box 1247, Gaylord, MI 49734**

or Call: 888.337.3866 Fax: 888.696.9655 email: [info@northernspeech.com](mailto:info@northernspeech.com)

**Cancellations:** Tuition will be refunded, less a \$25 processing fee, if written notification is received by *NSS* up to two weeks prior to the seminar. Two weeks to 72 hours prior: 50% refund; 72 hours or less: no refund. Substitutions are allowed if *NSS* is notified in advance. *NSS* reserves the right to cancel the event 7 days prior to the seminar date.